

Physical Therapy Fact Sheet

What is Physical Therapy?

Physical therapy is as old as pain itself. Early Chinese and Roman cultures used physical means--therapeutic massage, water, and heat-to restore movement, relieve pain, and as preventive health care. Today's physical therapists are specialists trained to promote optimal human health through a variety of means. Physical therapists complete a four- to six-year college degree emphasizing the biological and medical sciences. After becoming licensed, physical therapists practice state-of-the-art health care in hospitals, clinics, private practice, schools, and industry.

What conditions are treated at The Hetrick Center?

Pre & Post Surgical Physical Rehabilitation
Joint Replacement Rehabilitation
Athletic Injuries
Low Back & Neck Pain
Orthopedic & Neurological Conditions
Arthritis
Worker's Compensation Injuries
Auto Accident Injuries
Urinary Incontinence
Balance Disorders
Wellness Programs
... and more!

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